

We acknowledge the traditional custodians of the land and waters around us, and pay our respects to Elders past and present. We respect their cultural heritage and knowledge here in Forrest where the waters flow over Gadubanud and Gulidjan Country.

Wassail to the Otways: *The Artisanal Journey of Crucible Cider*

At home here in Forrest, Crucible Cider stands as a testament to the craftsmanship, tradition, and unwavering passion of Mike and Katrine Juleff. This boutique cider, produced with meticulous care, is much more than just a drink—it's a celebration of heritage, both personal and regional.

Mike Juleff's foray into the world of cider began in the early 1990s, during his tenure as a chemical/environmental Director of an Australian environmental consultancy abroad in England. Back then, Mike was crafting 'scrumpy' —a rustic, traditional West English cider—eventually destroying Katrine's Magimix food processor to crush apples at home in Surrey. His wife Katrine fondly recalls that these early experiments were the humble beginnings of what would one day become Crucible Cider.

The Juleffs relocated to the Otway region over two decades ago, seeking a sanctuary away from the relentless pace of modern life. "We moved here before there was more reliable internet access," Mike reminisces, highlighting how the area provided a much-needed refuge from his hectic travel schedule. The Otways offered more than just a home; it was a place where they could immerse themselves in the natural beauty and bounty of the land.

Before founding Crucible Cider, Mike and Katrine had already made their mark in the local community, successfully operating Pennyroyal Raspberry Farm in Murroon for over 20 years. Their venture into berry farming was a natural extension of their deep love for cultivating and preserving food, a passion that laid the foundation for their later work with cider. Their respect for the land and its produce is palpable in every aspect of their craft.

Mike describes his approach to cider making as a 'dark art', one that he believes is more art than science. Crucible Cider is crafted using the *méthode traditionnelle*—a French fermentation process akin to that used in champagne, which Mike whimsically refers to as "*méthode cidre*." Despite his modesty, Mike's method is anything but simple. It is a labour of love from the orchard to the bottle, resulting in a cider that is elegantly dry, completely free of additives and with an alcohol content of 9-10%.

The name Crucible Cider is imbued with family significance, honouring Mike's ancestral roots in Cornwall and Brittany. His great-great-great-and so on grandfather, John Juleff, invented a crucible for assaying ore in the tin mining town of Redruth, Cornwall in 1760—a tool that was used worldwide for over two centuries. This long lineage of innovation and engineering is something Mike takes great pride in, and it is fitting that his cider carries the Crucible name.

Today, Crucible Cider processes multiple boxes of apples per season, each weighing about 400 kilograms. The operation has evolved significantly from those early days in England, to an impressive onsite apple press, holding tanks, and a bottling



Mike Juleff practising the 'dark art' of cider making

process that requires a dedicated team of four. The result is a range of ciders that not only reflect the unique terroir of the region but also pay homage to the traditional cider styles of Normandy.

Now settled into Forrest, Mike and Katrine's ongoing dedication to minimising their environmental impact and their connection to the Otway region continues. From growing their own produce organically to working on projects such as a Community Battery, along with continuing their minimalist approach to cider making; they look forward to enjoying life in the Otways in general, and Forrest in particular.

Whether you are a local or simply passing through, enjoying a glass of Crucible Cider is an experience that encapsulates the essence of the Otways—crafted with care, tradition, and an unwavering respect for the land.

Laura Shawcross

Do you own, or know of someone who owns a local Forrest business that we could spotlight for our next Post? Send us a line at theforrestpost@gmail.com



CRUCIBLE
CIDER

SCAN ME



Colac Otway Shire News

Victorian Electoral Commission – free information sessions for prospective candidates

The Victorian Electoral Commission (VEC) will be holding free information sessions for prospective candidates:

- **Thursday 5 September 2024, 7pm** at the Colac Otway Performing Arts and Cultural Centre (COPACC)
- **Friday 6 September 2024, 7pm** at the Apollo Bay Bowls Club

Please visit Council's website for additional information about the VEC sessions which will be provided closer to the session dates.

Election Period (caretaker mode)

The election period (commonly known as caretaker mode) is the period starting from the last day that nominations to be a candidate for a council election can be received, and ends at 6pm on election day.

In 2024, the election period will run from **12pm Tuesday 17 September until 6pm Saturday 26 October 2024.**

The Local Government Act 2020 provides that during the election period certain prohibitions apply on certain functions and powers of Council being performed and exercised. Council's Election Period Policy facilitates the continuation of ordinary business in local government in Colac Otway Shire through the election period in a responsible and transparent manner, in accordance with statutory requirements and established election period conventions.

Council's Election Period Policy can be viewed in the Governance Rules available on Council's website under Council Policies.

Visit www.colacotway.vic.gov.au

Current Employment Opportunities

If you're interested in working alongside our great community, engaging in local projects and helping to make Colac Otway the wonderful place it is, work with us!

- Customer Service Officer

For a position description and to apply online, click the Careers & Tenders link from the home page or contact People and Culture on (03) 5232 9400.

Colac Service Centre: 2- 6 Rae Street, Colac, Open: Monday - Friday 8:30am - 5pm
Phone: 5232 9400 Email: inq@colacotway.vic.gov.au
or find us online: www.colacotway.vic.gov.au



Colac Otway
SHIRE

Farewell Jim

X-Forrester James Fell has peacefully passed away on Saturday August 10, 2024, aged 78 years. Amongst other valuable memories of Jim's life and his time in Forrest, many remember him for his past as owner of the General Store. Jim provided a 'daily bright spot' for others to come to as they bought their lollies and hamburgers, and collected their mail. Jim was loved by his partner Rose, his children Joshua, Jo-ann, Rachael and all their families. He will be fondly remembered by many in Forrest and beyond.



FREE Skin checks courtesy of Lions ~ We Serve



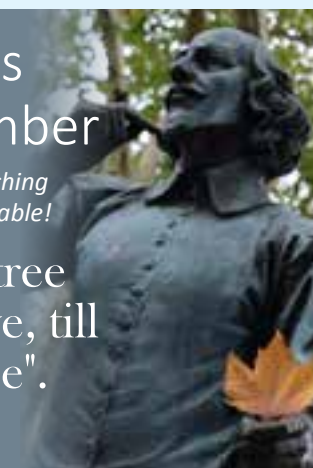
The Lions Skin Cancer Screening Van will be outside the Forrest Public Hall on the 21st & 22nd September, followed by a sausage sizzle in support of childhood cancer research. To book a free consult, call the Lions Club of Forrest & District on 0447 668 209. It's quick, non-invasive, and it could save your life.

Shakespeare's Insult for September

For anyone who has been watching Vikings, this will be highly relatable!

"...upon the next tree shalt thou hang alive, till famine claim thee".

Macbeth.



Contributors

Editor: Lydia Waddell **Designer:** Gillian Brew

Writers: Laura Shawcross, Rupert Grout, Mary Dracup, Adam Davies, Ian Fry, Renee Taylor, The Forrest Fink, Noor Petersen, Mike Juleff, Marita Kennedy, Gillian Brew, Kylie Pollock, Kingsley Davidson, Lydia Waddell, and The Forrest Primary School.

Proofreaders: Mike and Katrine Juleff

Invoicing Manager: Noor Petersen

Printing: Forrest Primary School

The Forrest Post is auspiced by the Forrest Men's Shed. Every effort is made to remain current, accurate and non-partisan. Feedback, submissions and advertising are encouraged. Submissions may be edited. You can request an electronic version by email, find us on Facebook, online at forrestvictoria.com or via The State Library Victoria. Contact us at theforrestpost@gmail.com.

Strange things happen in *Amsterdam*

Amsterdam is the 1930s crime-comedy epic chosen as the September Forrest Flick. The film follows the friendship of an African American lawyer (David John Washington) and a white, English doctor (Christian Bale) who are injured in France during the First World War. They are nursed by a quirky, beautiful nurse (Margo Robbie), who creates artworks out of shrapnel she takes from her patients' bodies. The three are caught in a political intrigue loosely based on a real plot to replace Franklin Roosevelt with a dictator. The plot is hectic and a bit convoluted, but I found that the star-studded cast and whimsical style created an enjoyable energy throughout the film.

Amsterdam was written, directed and produced by David O. Russell and released in 2022. It is showing at the Forrest Hall on **Thursday 12 September**. Doors open at 7pm with a free glass of wine, nibbles and cheese. The movie starts at 7:30, followed by tea, coffee, biscuits and a chance to chat about the film with neighbours and friends.

Forrest Flicks Film Society subscriptions and one-off trial screenings can be purchased online using the QR code in the picture or at the door with cash only.

Time to choose films for 2025

The Film Society committee would love your suggestions for films to show in 2025. We aim for a mix of comedy, arthouse, documentary, international and Australian movies – especially ones you can't see on Netflix. Please bring your suggestions to the September film or email them to forrestflicks@gmail.com. We will be asking the audience for the October film for help in choosing from a long list.

Mary Dracup



FORREST FLICKS FILM SOCIETY

Thursday 12 September, Forrest Hall
7pm for complimentary wine & nibbles
Movie starts 7.30

BarwonWater

Colac Otway

This September - join us for all the laughs at



Friday 6 September | 7:30 PM



Jimeoin Who's Your Man?

"See the man who is regarded as one of the top stand-up comedians on the planet LIVE in his hilarious new show"

Who's your man? Why, it's Jimeoin, of course!

Ticket \$59.90 | Concession \$54.90 | Groups 6+ \$54.90

Wednesday 18 September | 7 PM



Overweight Lightweight with Brad Oakes

Fat funny man Dave O'Neil is taking a brand new stand-up show, *Overweight Lightweight* on the road after playing to sold out audiences across the Melbourne International Comedy Festival and receiving some pretty spectacular reviews.

Ticket \$59.90 | Concession \$54.90 | Groups 6+ \$54.90

BOOK NOW: copacc.com.au | Box Office | 03 5232 9418 (#2)



Forrest & District Neighbourhood House - SEPTEMBER

REGULAR ACTIVITIES AT THE F&DNH

MONDAYS - office not open to the general public
Craft circle: =In hiatus until October
TUESDAYS -open 8.30am-3.30pm
Seniors morning tea: First Tuesday of the month, 10.30am-11.30am. Gold coin donation.
Weeding group: 4th Tues of the month 10am-12pm. Contact Susan Langridge for more details 0498 592 364.
Playgroup: 10am-12pm. Gold coin or \$10 per term.
Pantry top up and food boxes: please contact coordinator to arrange or just visit the pantry after top up (from 12pm). Food for all in the community
WEDNESDAYS - open 8.30am-3.30pm
Yoga: 9.10-10.30am, \$15 per class

Forrest voices (singing for fun): 11am-12pm. Gold coin.
Studio Forrest art group: 1pm-5pm, \$200 per semester. Peer led artist group.
Book club: 1st Wed of the month 7.30pm. Gold coin
Pantry top up: evening after 8pm. Food is available to all in the community.
THURSDAYS - coordinator located at the hall
Community lunch: Take away or dine in. Order on Wednesdays through Facebook or text 0493105502, pick up from the hall at 12.30pm on the day. \$7. Return containers each week!
FRIDAYS - open 8.30am-12.30pm
Youth space: Friday afternoons during school terms. *3.30-4.30pm for grades 4-6. *4pm-4.30pm for high school aged.

\$15 per term. Snacks, games and fun provided. ***Day change starting term 4- changing to Monday afternoons***
Pantry top up: (late evening)
SATURDAYS - Forrest community gym bootcamp: 8am and 9am sessions. Contact coordinator for membership information and to sign up.
COMING UP:

- **School holiday activities, youth group and more.** Details coming soon.
- **Comedy for a cause: Saturday 5th October.** Doors open 6.30pm, show starts at 7pm. All tickets must be pre purchased, details to come!
- **Halloween in Forrest: Thursday 31st October,** details to come!

WE ALSO HAVE: Free WiFi • Printing services • Room hire • Community spaces • Reading room • Food share • Clothes swap • Forrest & District Historical Society display and library • Treatment/massage room for hire • Office space • Computers and more!

FIND US ON FACEBOOK AND INSTAGRAM FOR UP TO DATE INFO AND EVENTS!



OPEN: Tuesday, Wednesday, Thursday (at the hall), 8.30am-3.30pm FRI 8.30am-12.30pm.
 Office hours may change or be limited if coordinator or volunteers are unavailable.
 Please phone ahead if required **Ph:** 03 5236 6597 or 0493 105 502
E: forrest.nh@gmail.com **A:** Community Hub - 47 Grant Street, Forrest 3236



What can we eat in Forrest this September?

The Terminus

Open Wednesdays to Sundays for dinners from 6pm until quiet (generally 8pm)! They have a raffle on Friday nights.

The General Store

Pizzas, garlic breads, garden salad and chef's weekly special desserts on Fridays at 5-8pm. Takeaway only.



#ctctheheartofrealestate

CTC Colac to Coast REAL ESTATE

03 5231 3288
colactocoast.com.au



CRUCIBLE CIDER

Made in Forrest

Real, traditional ciders, perry, cider brandy and pommeau apple cider liqueur.

contact Mike Juleff 0411 697 301
email: mkjuleff@activ8.net.au

www.cruciblecider.com.au

FMS

FREE WIFI AT THE SHED



Forrest Men's Shed - 6 Blundy St, Forrest
email fdms3236@gmail.com to request
a username & password

Woodwork lathe machines - table saw
- mitre saw - metal welding

Birregurra Pharmacy

- PBS Prescriptions
- Free medication advice
- Webster packing
- Medical Certificates
- Repeat Scripts on file
- Vitamins advice
- Cosmetics & Fragrances
- NDSS (Diabetes Australia) Subagent
- Workcover & TAC
- Instore medication reviews
- eScripts & MySL



OPEN 6 DAYS

40 Main Street, Birregurra, VIC 3242

Monday - Friday: 9.00am - 5.30pm

P: 03 5236 2288

Saturday: 9.00am - 12.00pm

F: 03 5236 2280

birrepharmacy@hotmail.com

MATHEW SILVEY PLUMBING

- New homes & renovations
- Hot & cold water services
- Spouting & downpipes
- Stormwater
- Motorised drain cleaning
- 1.5t excavator hire
- Solar hot water installation
- Roofing

Mobile: 0417 342 531

Licence No. 47995

THE FORREST OP SHOP

OPEN TIMES SATURDAY 10:30 - 4PM

Clean donations in good repair welcome during open hours
or by arrangement. Call Gillian 0422 585 227

ST JAMES ANGLICAN CHURCH - 18 GRANT STREET FORREST

All About

Mowers & Chainsaws

Winchelsea



Ph: 03 5267 2266 www.allaboutmowers.com.au

ADVERTISE WITH US! Reach local customers and visitors and support your local volunteer run news sheet. Proceeds go to the Forrest Primary School or Neighbourhood House for printing costs.

CONTACT US: theforrestpost@gmail.com for rates or more information

Darwin Days

On a recent trip to Darwin I got up close and personal with one of Australia's most ancient and dangerous animals - the Saltwater Crocodile.

I was on a wetland tour that took us on a trip around a large billabong that is part of Mary River in the Northern Territory. Billabong means 'dead water' because nothing flows in or out.

There were beautiful lotus flowers, both native and introduced species; many different water birds, and the Jabiru, Australia's only stork.

Darwin itself was easy to travel in with free public buses, taxis and good old Shanks' pony. There were markets, great restaurants and bars, beautiful sunsets... and did I mention the weather? 33 degrees day and night.

The museum was free, fabulous and fun, and I enjoyed learning about the military history and Cyclone Tracey which decimated Darwin in the 1970s.

A day trip to the Tiwi Islands showed me a strong individual culture right on our country's doorstep.

I recommend a trip up north during our cold damp winters as I have to lift the spirits and get a fresh view of our amazing country.

Marita Kennedy



Notification of Road Closures – Sunday 15 September 2024

The annual Amy's Great Ocean Road Gran Fondo Ride will be held on Sunday 15 September.

4000-5000 cyclists will honour Amy Gillett's legacy by aiming to reduce fatalities and injuries among cyclists through increased safety awareness and education. Road closures will be implemented along sections of the course to provide the safest possible environment for road users. Some Residents will have the opportunity to cross the course in Skenes Creek and Forrest.

GRAN FONDO 122KM ROAD CYCLING EVENT - SUNDAY 15 SEPTEMBER, 2024

Road	Location / Closure	Approx. Times
Mountjoy Parade, Lorne	Between Otway St & William Rd	4.45 am – 10.00 am
Mountjoy Parade, Lorne	Between William Rd & Albert St	4.45 am – 4.30 pm
Mountjoy Parade, Lorne	Between Deans Marsh Road and Otway St	7.00 am – 8.45 am
<i>*As riders depart Lorne, Local Traffic will be intermittently permitted between the round-about at Lorne Supermarket and Otway St (Opposite Information centre) to access township.</i>		
Deans Marsh – Lorne Road	Between Birregurra – Deans Marsh Rd & Great Ocean Rd	6.30 am – 10.00 am
Birregurra – Deans Marsh Road	Between Birregurra – Forrest Rd & Birregurra – Forrest Rd	7.30 am – 10.30 am
Birregurra – Forrest Road	Between Birregurra – Forrest Rd & Colac-Forrest Rd	8.00 am – 12.00 pm
Forrest – Apollo Bay Road	Between Beech Forest Road (Turtons Track) & Colac Forrest Road	8.30 am – 1.30 pm
Skenes Creek Road	Between Great Ocean Road & Beech Forest Road (Turtons Track)	8.30 am – 2.00 pm
Great Ocean Road (both directions)	Between Skenes Creek Road, Skenes Creek & Bay St, Lorne	8.30 am – 3.30 pm

MEDIO 45KM ROAD CYCLING EVENT - SUNDAY 15 SEPTEMBER, 2024

Great Ocean Road	Between Hardy St, Apollo Bay & Skenes Creek Road, Skenes Creek	10.45am – 11.30am
------------------	--	-------------------

More details –

www.amysgranfondo.org.au

info@o2events.com.au

0456 479 606



AMY'S GREAT OCEAN ROAD GRAN FONDO – COMMUNITY & ROAD CLOSURE INFORMATION

On Sunday 15 September, more than 5,000 bike riders and their families and friends will visit the region of the Great Ocean Road (GOR) and Otway Ranges as part of Amy's Gran Fondo.

The annual event is held in memory of Australian cyclist Amy Gillett, who tragically lost her life in a training ride in Germany in 2005 when hit by a car. The event honours Amy Gillett's legacy by aiming to reduce fatalities and injuries among cyclists through increased safety awareness and education. It features cycling safety research, advocacy initiatives, educational campaigns and programs.

The event is committed to the local community, with the activities bringing significant economic benefit to the region every year through accommodation, meals and indirect exposure to the area.

EMERGENCY ACCESS will be maintained at all times. In an emergency, please call 000

VOLUNTEER - Want to be part of the action?

SIGN UP TO VOLUNTEER! This is a great fundraising opportunity for local community groups.

Simply visit www.amysgranfondo.org.au/volunteer or send an email to info@o2events.com.au to register interest.

ROAD CLOSURES To ensure the safety of participants and the community, temporary changes to traffic conditions must be implemented. Appropriate traffic control measures as approved by Victoria Police (VICPOL), Regional Roads Victoria and relevant council authority will be temporarily installed on all intersections and access points to private property that provide vehicle access to the course. Minor roads, residential and business driveways adjoining the course will be closed progressively from dawn.

LOCAL ACCESS / APPROVED MOVEMENTS

Skenes Creek and Forrest

Residents will be able to cross the course under the direction of VICPOL or event staff during the closure at the following locations:

- Properties accessed along or off Old Coach Rd, Skenes Creek can access by approaching the GOR from Apollo Bay prior to 8.30am and after 11.30am; and
- Residents can cross over (but not turn into) Birregurra-Forrest Rd using Colac-Forrest Rd and Henry St.

Beech Forest

The section of Forrest-Apollo Bay (Skenes Creek Rd) between the Great Ocean Road and Turtons Track (C159 Beech Forest-Mt Sabine Rd) will only be accessible to local traffic prior to 8.30am.

Pennyroyal Valley Road, Deans Marsh

Properties on Pennyroyal Valley Rd can gain access via the Deans Marsh General Store when safe to do so under the direction of traffic management.

Murroon & Pennyroyal

Access can be granted across the Birregurra-Forrest Rd to gain access onto Division Rd / Murroon Rd and Pennyroyal Station Rd

Birregurra / Cape Otway Road

Access will remain unimpeded along Cape Otway Rd to Birregurra.

Apollo Bay - Medio Fondo Only

Great Ocean Road between Hardy St and Skenes Creek will have road closure from 10.45am – 12.00pm. A detour around GOR will be in place during this time.

PUBLIC TRANSPORT

There will be changes to public transport services and customers are advised to check the PTV website for further updates - <https://www.ptv.vic.gov.au/news-and-events/events/>

CONTACT US

To get the latest event updates or further information, scan the QR code below.

Call - 0456 479 606

E-mail - info@o2events.com.au

Web - www.amysgranfondo.org.au



THE FOLLOWING ROAD CLOSURES APPLY

SUNDAY 15 SEPTEMBER 2024

ROAD	LOCATION / CLOSURE	MAP REF	TIMES
Mountjoy Parade, Lorne	Between Otway St & William Rd		4.45am – 10:00am
Mountjoy Parade, Lorne	Between William Rd & Albert St		4.45am – 4.30pm
Mountjoy Parade, Lorne	Between Deans Marsh Rd and Otway St		7.00am – 8.45am
Deans Marsh-Lorne Road	Between Birregurra – Deans Marsh Rd & Great Ocean Rd		6.30am – 10:30am
Birregurra-Deans Marsh Road & Deepdene Rd	Between Deepdene Rd & Deans Marsh – Lorne Rd		7.00am – 11:00am
Birregurra-Forrest Road	Between Deepdene Rd & Colac Forrest Rd		8.00am – 12:00pm
Forrest-Apollo Bay Road	Between Beech Forest Rd (Turtons Track) & Colac Forrest Rd		8.30am – 1.30pm
Skenes Creek Road	Between Great Ocean Rd & Beech Forest Rd (Turtons Track)		8.30am – 2.00pm
Great Ocean Road (both directions)	Between Skenes Creek Rd, Skenes Creek & Albert St, Lorne		8.30am – 3.30pm

MEDIO FONDO START STOP & HOLD - APOLLO BAY

Great Ocean Road	Between Hardy St, Apollo Bay & Skenes Creek Road, Skenes Creek	10.45am – 11.30am
------------------	--	-------------------

Through Traffic will have immediate access at the conclusion of the closure time. However, local traffic may be impacted longer whilst the treatments to minor roads, residential and business driveways are removed.

O2EVENTS

UCI

GRAND OCEAN

www.amysgranfondo.org.au

Exciting things are happening at our hall

Our lovely local hall is enjoying a long-awaited upgrade. The Forrest Public Reserves Committee have secured a \$42,240 grant from the Victorian Government's Tiny Towns Fund to fund five much-needed projects there.

The kitchen has already been transformed with a refreshing paint job by former Forrest resident Ryan Frizon and his team at RPD. Now we can't wait for the September holidays when the timber floor will be repaired, sanded and re-sealed throughout. No-one can remember this ever having been done in the hall's 50+-year history!

Also coming up this year will be an upgrade to the original circuit board, which has become a labyrinth of circuits and switches as electrical features have been added over the decades. Light switches will finally be separated out, making the building safer and easier for us all to use.

Next year, acoustic panels will be installed to the ceiling to reduce the reverberation that currently makes listening to movies, music and meetings quite challenging. And finally, beautiful new stage curtains will be installed, which will also enhance the sound qualities, add excitement and enhance performance options at our much-loved hall.

As the only large, accessible, all-weather venue in the town, our hall is a hugely important asset: it hosts school recreation, sport and concerts; Neighbourhood House lunches and functions; Forrest Flicks Film Society screenings; art exhibitions; markets; community meetings; weddings, parties and funerals; corporate hires; and commercial food preparation. It is also the designated community emergency meeting place.



Former Forrest resident
Ryan Frizon repainting
the hall kitchen

It is the role of the Forrest Public Reserves Committee to manage the hall and the Community Hub at 47-49 Grant Street on behalf of the community. We are thrilled with the success of this grant application and are working hard to manage the works and our other tasks to ensure the hall can continue to be well-used by all segments of our community for decades to come.

The Forrest Public Reserves Committee is looking for new members to help manage both the hall and the Community Hub. Many local people have taken their turn on this committee over the years, and we are looking for new members to step up and take their turn. If you love our hall and Hub and would enjoy working for this fantastic community on a small, outcome-focused committee please email fpac3236@gmail.com.

Kylie Pollock and Mary Dracup

Community Battery UPDATE



Quite a deal has transpired since the last report:

- Mondo and RACV have been discounted as possible advisers, partly through lack of response and lack of useful connection with Powercor, with whom Forrest/SOS ultimately have to work with.
- The advice that Barwon Water was interested in having solar panels or hydro on the dam has been categorically quashed by BW. The hydro was studied and found not operable, while the panel installation would be contrary to safety requirements for the dam wall.
- A substantial report by advisers Enhar (earlier contracted by SOS via Geelong Sustainability) is now being used as the basis of further work to establish the actual infrastructure required, including parameters for suitable land for panel siting.
- The writer was invited by SOS to visit Newstead Solar farm recently, along with Geoff from Forrest and District Community Group. This was a very valuable visit, none the least to see how another community group has actually proceeded. A number of things became clear out of this:
- A community owned approach is not feasible. In this case FDCG members would need to assemble several million dollars as equity, then convince a developer/partner to be involved, then be responsible for operating the facility, including administering the ongoing operation via invoicing, etc, etc.
- It has become clear that the best option for Forrest is to "find a developer/contractor to undertake the project" and then

provide all the facilities possible to make it easier/attractive for the developer to produce an outcome that maximises the approach to our objectives. This is exactly what Newstead has done with finding land, organising approvals, etc.

- Enhar are assisting me to find a 'bucket list' of suitable developers I can approach (ie. those who are on board with the overall objectives, particularly societal), so watch this space.
- It is clear that partnering with SOS/ Apollo Bay continues to be worthwhile, contingent on us getting clear/accurate with what local land is actually available and suitable for the panels and battery to be installed. In this regard, I'm interested to hear from anyone interested in contemplating leasing adequate areas of land for panels placement (current examples seem to be in the 3-6 HAC range but 1 HAC areas may be suitable).
- The FDCG formally accepted the auspicing role for the project at their last meeting, so a small working group will be formed to progress the project. The optimum is a maximum of 5 individuals, who can bring technical as well as local societal 'expertise' to the table. I currently have 2 volunteers from the FDCG and am looking for 2 more if anyone wants to put their hand up?
- I will meet with SOS again early next month to progress our joint approach.

Mike Juleff



Forrest Cricket Club Recruiting New and Past Players

All abilities welcome to come and play cricket at Forrest Cricket Club.

If you're thinking of trying something new, with a good bunch of blokes that are very family-oriented, we want to hear from you!

We play Division 3 Cricket in the CDCA and are very accommodating with getting out there and having a go. We are all about having fun and playing a game we enjoy.

If this appeals to you don't hesitate to contact for more information:

Club President Billy 0488 685 982

Club Captain Col 0407 387 701

Kingsley Davidson

THE DALEMAIN AUSTRALIAN MARMALADE AWARDS PROUDLY PRESENTS A CITRUS MASTERCLASS

WITH
IAN TOLLEY OAM
RENOWNED HORTICULTURE
CONSULTANT &
2024 AUSTRALIAN MARMALADE
AWARDS PATRON

**MR TOLLEY WAS AWARDED THE MEDAL OF THE
ORDER OF AUSTRALIA, FOR HIS LIFELONG
SERVICES TO THE DEVELOPMENT OF THE
AUSTRALIAN CITRUS INDUSTRY**

DATE: Friday 25 October

TIME: 10am till 4pm

PLACE: Birregurra - See booking link for venue details

COST: \$75 - Includes a light lunch



BOOKINGS: www.trybooking.com/CURJB

Designing a bushfire-resistant garden

With the passing of the longest night, we can look forward to increasingly longer days and thoughts turn to preparations in the garden. It's never too early to plan, and why not get a head start on Spring with an informative garden tour organised by Gerangamete-Forrest Landcare group on Sunday 8th September from 10am to 12pm.

Come along to Barb and Bruce's property in Forrest to learn about bushfire-resistant garden design. We will be joined by Mike Robinson-Koss from Otway Greening, who will do a short presentation on fire-resistant garden design and species selection in the Otways, then we'll tour Barb and Bruce's developing garden to see these principles in action.

Bring your own lunch to share with a chat to finish the tour. The address will be provided when you RSVP to gerangametelandcare@gmail.com

Gillian Brew and Mary Dracup

Image source: Great Ocean Road Landscaping



Growing Fruit in the Otways

Planting a fruit tree can yield a bounty of delicious produce while bringing immense joy and satisfaction. It's a worthwhile investment that can provide benefits for years to come, enjoyed by people of all ages. If you're considering planting one this year, it's not too late! Here are some valuable tips and considerations to help you get started...

1. Choose the Right Location - Fruit trees will generally perform best with at least 6-8hrs of sunlight each day over the active months. Some varieties can perform better than others in more shaded areas. Ensure you provide enough space around the tree for air circulation and light, this helps down the track with health and disease control.

Soil is the tough one for our waterlogged paradise, however try and find an area on your block where the soil is most well-drained. You can also conduct soil tests to check pH, our acidic soils may require a small dose of dolomite and most importantly, compost!

2. Select Local Varieties - Opt for varieties that suit our cool temperate climate. Apples, pears, plums, cherries, and citrus are popular choices. Some fruit trees require cross-pollination. Ensure you plant compatible varieties nearby if needed.

4. Planting Time - The best time to plant fruit is during the cooler months, when the trees are dormant. Getting a tree in the ground in September will be fine and you may find nurseries are offering late season discounts on bare rooted trees!

5. Planting - Dig holes that are twice as wide as the root ball, but no deeper. This encourages roots to spread out. Plant trees at the same depth that they were growing in the nursery. Avoid planting too deep as it can cause root rot.



Water the trees thoroughly after planting to settle the soil around the roots. Over the summer, keep the soil consistently moist but not waterlogged.

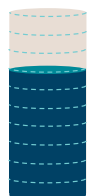
6. Mulching & Fertilising - Apply mulch around the base of the trees to retain moisture, suppress weeds, and regulate soil temperature. Keep mulch away from the trunk to prevent rot.

Apply fertilizer in early spring to support growth during the growing season. A balanced fruit tree fertilizer from the nursery would suffice or add some poultry manure or compost.

Keep an eye out for pests and diseases and be sure to prune each winter to retain the desired shape. But most importantly, sit back and enjoy the sweetness of some home grown produce!

Rupert Grout

Barwon Water Updates



41%

West Barwon Reservoir
as of late August



59%

Wurdee Boluc Reservoir
as of late August



4ML

Current minimum daily passing flow at West Barwon

Environmental flows vs passing flows

Did you know that we release water for environmental purposes? This is where water is discharged from our network to support ecological health, usually over the dryer months, known as environmental flows.

Passing flows are the minimum amount of water we must allow to travel downstream of our reservoirs or extraction points. The volume of water required for passing flows can change due to the waterway, natural flows, time of year and storage levels.

Natural flows are water flows that come into the river from rain and stormwater runoff, increasing as the river travels downstream.

The Corangamite Catchment Management Authority advise us on how much water needs to be released to the environment, on behalf of the Victorian Environmental Water Holder. They consider the passing and natural flows already present in the river. Environmental releases to the East and West Barwon rivers finished in June, which is normal for this time of year.

Did you know?

Water is commonly transferred from the West Barwon Reservoir to the Wurdee Boluc Reservoir via a 57-kilometer channel. This channel relies completely on gravity so it can take up to five days for the water to travel the distance and it can only be transferred one way. That's one of the reasons why we need to plan our water transfers so carefully.

Learn more

Learn more about the projects we're undertaking in Forrest. Please visit our dedicated Forrest Hub website by scanning the QR code below.



FORREST & DISTRICT

MENS SHED

UPDATE

September Open Day

September 29th 11-2 come to the Men's Shed to be part of a fun, music backed display of the facilities, meet members, be enticed to join for full access to all the assets available and eat from the delicious fare provided for by our very own Store Staff. The Shed is an inclusive space where all and everyone is welcome and encouraged to learn skills, share skills, chat, play pool, enjoy the internet, sit by a warm fire and watch shows on our impressive TV.

Recent Elections

The August AGM re-elected Allan Winter as President and Zoe Thomsen as Vice President, elected Peter Williams as Secretary, and Paul Hayes as Treasurer.

School/Shed Marionette Collaboration

Forrest will soon be inundated with a group of fun 'marionettes' as a result of a collaborative project between the School and the Shed. The children visited the Shed with their quirky creations to have 'hole surgery' for the next step of attaching arms and legs and the string controls. They were given a demonstration of the four main pieces of equipment used in the whole process. Meanwhile they are injecting personality into their marionettes using various media, producing unique identities.

There will be an Expo featuring various puppets and marionettes at the School at 2.30 on September 12th. Come to be transported by the talented kids as they 'give life to' their little characters and entertain with imagined stories.

Noor Petersen



Volunteers Needed!



Join our school Community

As we embark on another exciting school year at Forrest Primary School and Early Years Centre, we are reaching out to our wonderful community for your support. We are looking for enthusiastic volunteers to join us in various capacities, contributing to the vibrant and nurturing environment that makes our school special.

How You Can Help

Kitchen Garden Program support:

Assist teachers with cooking classes and maintaining and growing the kitchen garden.

Classroom Support: Assist teachers with activities, reading and projects (such as puppet making) in the classroom.

Library Helpers: Organise books, assist students and promote a love for reading.

Sports and Events: Support our sporting events, carnivals and extracurricular activities.

Gardening and Maintenance: Help maintain our school grounds and gardens.

Fundraising and Events: Assist with organising and running fundraising events and school functions.

Special skills: Do you have a special skill or hobby you'd like to help? Let us know how you can contribute!

Why Volunteer?

Make a Difference: Your time and effort directly benefit our students and the school community.

Build Relationships: Forge connections with students, staff and other volunteers.

Enhance Skills: Develop new skills and gain valuable experience.

Be Part of Something Special: Join a community that values education and the well-being of our children.

Get Involved!

If you are interested in volunteering, please contact the school office on 5236 6393 for more information. We welcome volunteers of all backgrounds and experiences, and we appreciate any amount of time you can give.



OVERHEARD IN FORREST

Welcome to the latest segment of 'Overheard in Forrest', a new addition to The Forrest Post. Intended to put a smile on your face, featuring funny conversations and comments overheard in our wanderings about town.

Local Submission: "Why did our school celebrate Book Week a week late? They wanted to give everyone a chance to 'novel' out their plans"

Local Submission: "Why do all the cows keep escaping in town? Because they are udderly bored with the same old pasture"

Local Submission: "By the time your poo makes it to Seven Bridges Road, it will be three months old"

Yours sincerely, *The Forrest Fink*

If you've overheard something in Forrest that made you giggle, please feel free to contribute to this section. Email theforrestpost@gmail.com titled 'Attn: Forrest Fink'.

Disclaimer: All submissions will be anonymous under the alias of 'The Forrest Fink'. All accusations in this segment are most likely incorrect & are intended as 'a bit of a laugh'.



Forrest Faces: Bel & Miles

How long have you lived in the area?

A few months.

What is something people don't know about you?

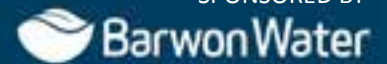
Before arriving in Forrest, we spent the better half of a year living in a bell tent on Gumbaynggirr country - the sub-tropic forests of Northern NSW. (And moved to Forrest to have our first baby!)

What is your favourite thing about living in the Otways?

We love being so close to both the rugged ocean and the old-growth forests, as well as being surrounded by beautiful community and family.

BIRDS OF FORREST

SPONSORED BY



Beautiful Firetail

The Beautiful Firetail is one of our more secretive and rarer birds that can be found in our district. It is found in coastal heaths, sedgelands and wetter tea-tree/swordgrass gullies from around Sydney through to Kangaroo Island in South Australia, wherever the right habitat occurs. Tasmania is their stronghold, where it can be quite common. It is a seedeater, and likes areas with allocasuarinas, where they spend many hours extracting the seed from the pods, or foraging on the ground. They are never found far away from fresh, running water, often with very heavy cover, where they drink and bathe regularly.

Because of the dense cover that they live in, their contact call, a drawn out and quite mournful. Sweee-swee is often the best way of locating these birds.

They are usually found in pairs, or small flocks. Males and females look very similar, although in the breeding season a male will display to his mate holding a long piece of grass in his beak, bobbing up and down on an exposed perch. They construct a rather large nest constructed entirely of grasses. It is shaped like a bottle on its side, with a large tunnel entrance, usually placed in a very dense shrub.

Around our district they can be very local in their distribution. Any dense coastal heath from Apollo Bay to Cape Otway is a great place to look, and it is always a thrill to come across these little gems.

Ian Davies and Adam Fry



Visit Forrest online at www.forrestvictoria.com

